

PWS Awareness Month Calendar May 2020



MON	TUES	WEDS	THURS	FRI	SAT	SUN
				Add a frame to your social media profile pic.	Order awareness month resources from PWSA. Share the awareness month poster.	What causes PWS and the genetic subtypes – what diagnosis did you receive?
THIS WEEK IS SHARE YOUR DIAGNOSIS STORIES WEEK.	Fundraising for research? Choose your virtual event or challenge and create a fundraising page.	6	7	Fascinating Fact Friday! Comment on our Facebook post with an interesting possibly unknown fact.	9	Celebrate Mothers Day and all the encouragement, support and advocacy mothers provide.
THIS WEEK IS TALKING ABOUT DIET AND SHARING YOUR RECIPES WEEK.	12	13	FPWR 'Ditch your lunch' in honour of someone with PWS and donate what it would have cost. Ask others to join.	Start the FPWR 15 for 15 challenge to finish on PWS Day! #PWSawareness	16	17 Last day to start the FPWR 15 for 15 challenge! #PWSawareness
THIS WEEK IS TALKING ABOUT MANAGEMENT AND SHARING TIPS WEEK.	19 Keeping active at home - show us your dance moves challenge! #PWS dance moves may #PWS awareness	20	21	Fascinating Fact Friday! Comment on our Facebook post with an interesting possibly unknown fact.	23	Get creative for awareness day and share your art. #PWSartfromthe heart #PWSawareness
THIS WEEK IS 'THEN AND NOW' AND SHARING POSITIVE STORIES WEEK.	26	27	28	Wear orange for PWS Awareness Day and share on our Facebook page. #PWSawareness	30	Congratulations! You have raised awareness of PWS! Awareness leads to understanding.