

PWS-Institut-Deutschland gGmbH



Behavioral Management and Residential Support (group homes)

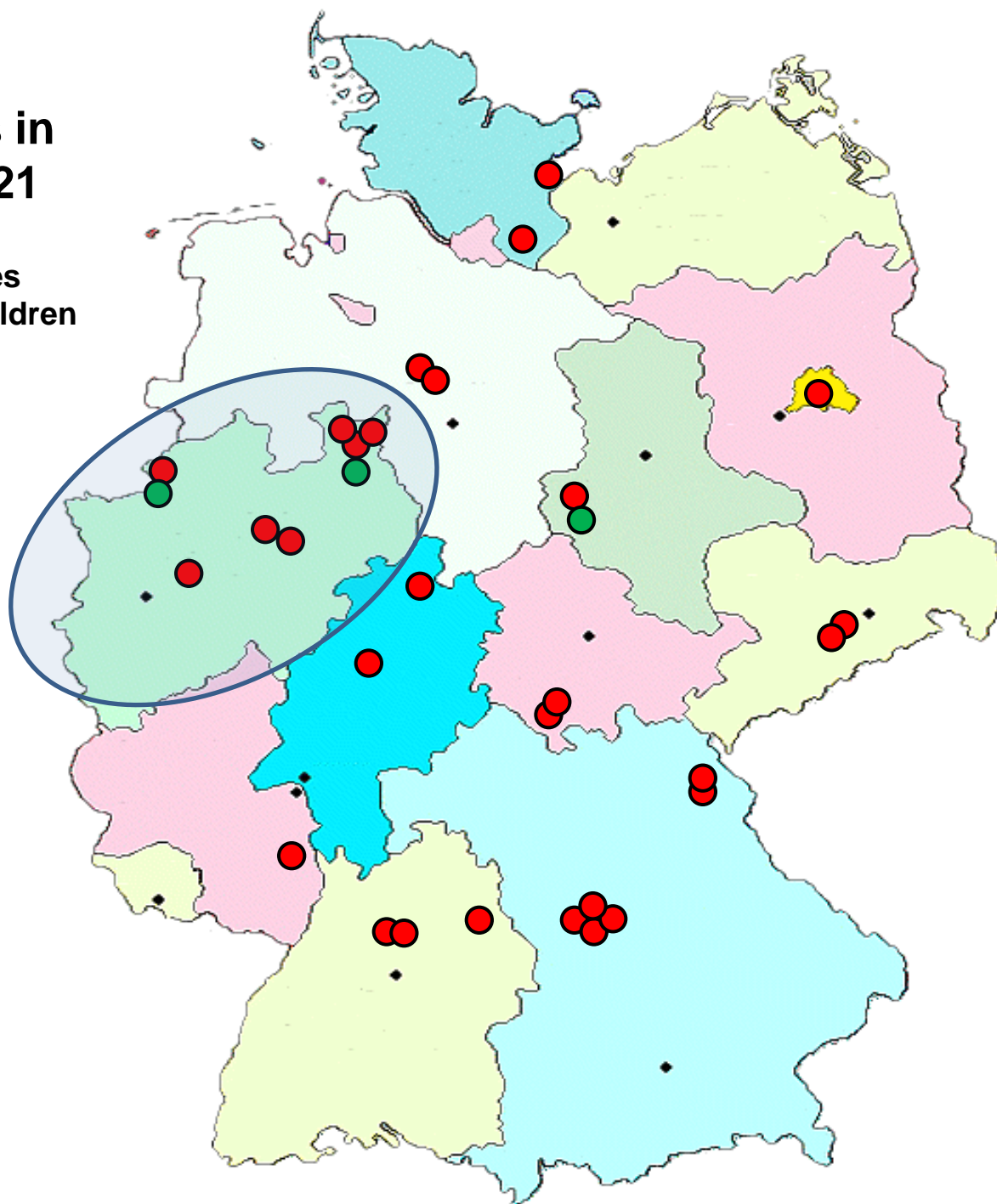
**Dr. Norbert Hödebeck-Stuntebeck,
(Psychologist)**

Germany

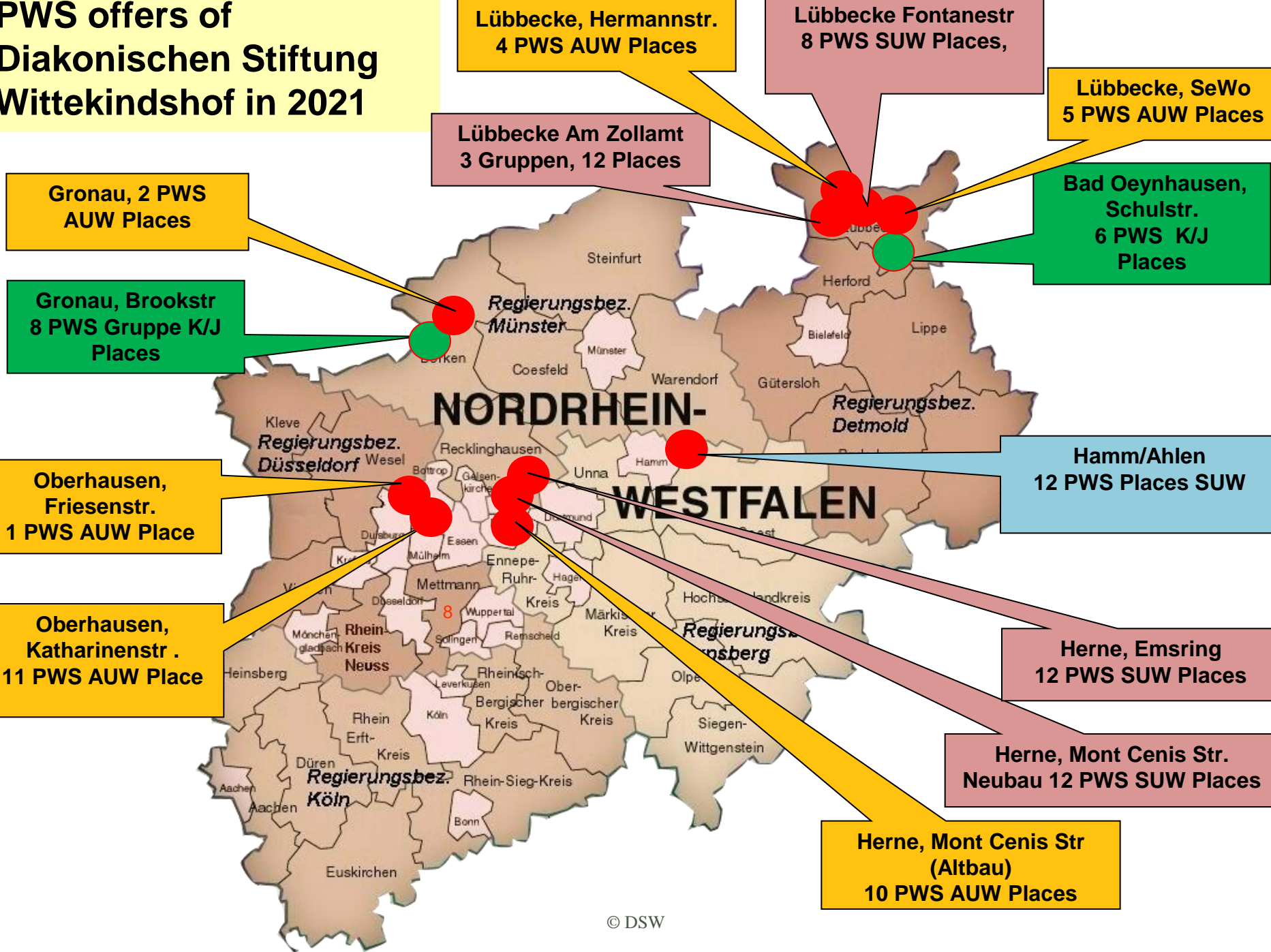
- 82 Mio inhabitants
- 16 states
- Nearly 5.000 people with PWS

Living offers in Germany 2021

Around 500 places
25 of them for Children
and Youth



PWS offers of Diakonischen Stiftung Wittekindshof in 2021



PWS Living offers Diakonischen Stiftung Wittekindshof

Lübbecke, Fontanestr. 12/2009



Herne, Emsring 07/2009



Lübbecke, Hermannstr
03/2018



Lübbecke, Am Zollamt 05/2009



Oberhausen, Friesenstr. 10/2013



Oberhausen, Mont Cenis Str. 07.2015



Oberhausen, Friesenstr. 07/2016



Gronau, Brookstr. 08/2010



Bad Oeynhausen, Schülerstr. 10/2014





Start in the year 2000

6 adults in a group

2 people in an appartement

23 years to 56 years,
some live 20 years in the house

Each one have a single rooms

In the house are 5 bathrooms

Located in a normal neighbourhood

Stadt Lübbecke
(Kreis Minden/Lübbecke – Region: Ost-Westfalen-Lippe)



Lübbecke,
Fontanestr 25

Daily and weekly programm

Everyone is going to work (Monday to Friday) in a sheltered workshop (working from 8am to 4pm).

Using the offers of social activities in the town, in the neighbourhood

Having duties in the group (washing, cleaning, supporting meals, ...)

6 meals a day

All 8 people with PWS in this house are working with the „PWS trafic-light-system“, which allows them to handle the weight more and more by their own

No one have a BMI over 30

Depending on their competences (on their development), they are

- walking in the town alone or with support
- handle (all or a part of the) money by their own or with support
- ...

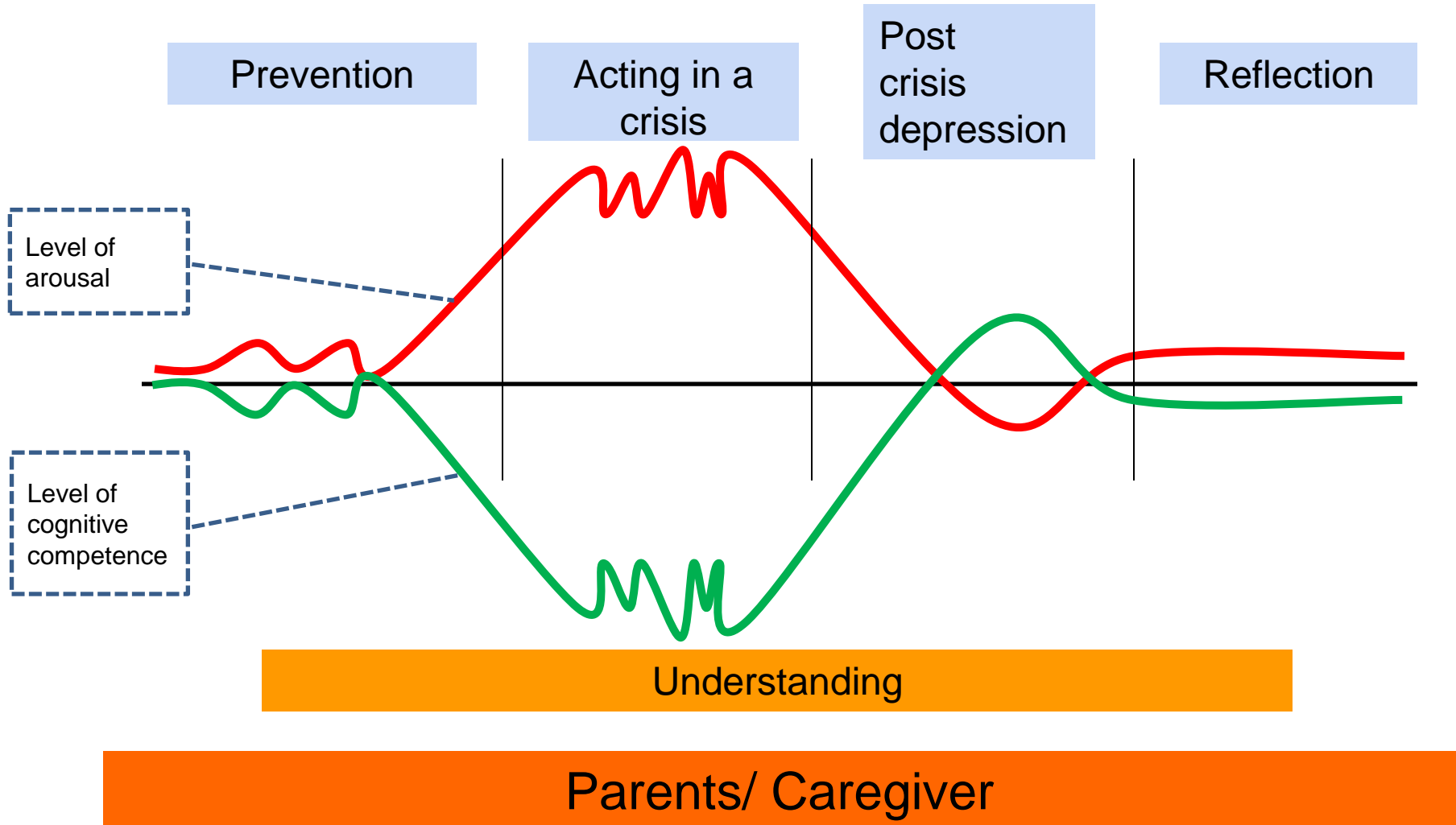
Most of them are in a relation-ship

... but what we also see is:

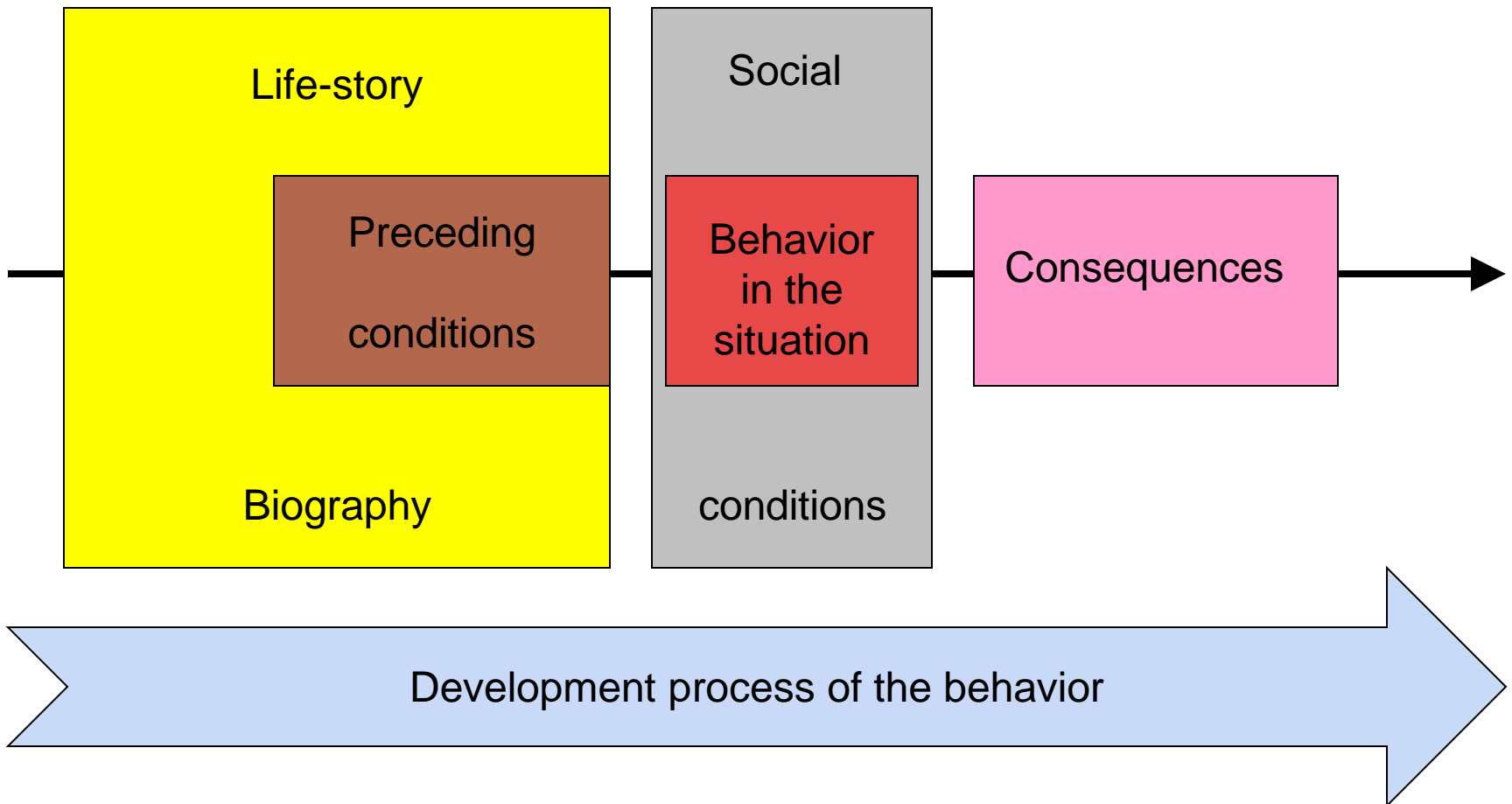
- Crisis situations
- Conflicts
- Challenging behavior
- Egocentrism
- Strive for dominance
- Relationship crisis
- Searching for food
- ...

Course of a crisis

or: What are we talking about? Or how do we understand challenging behavior?

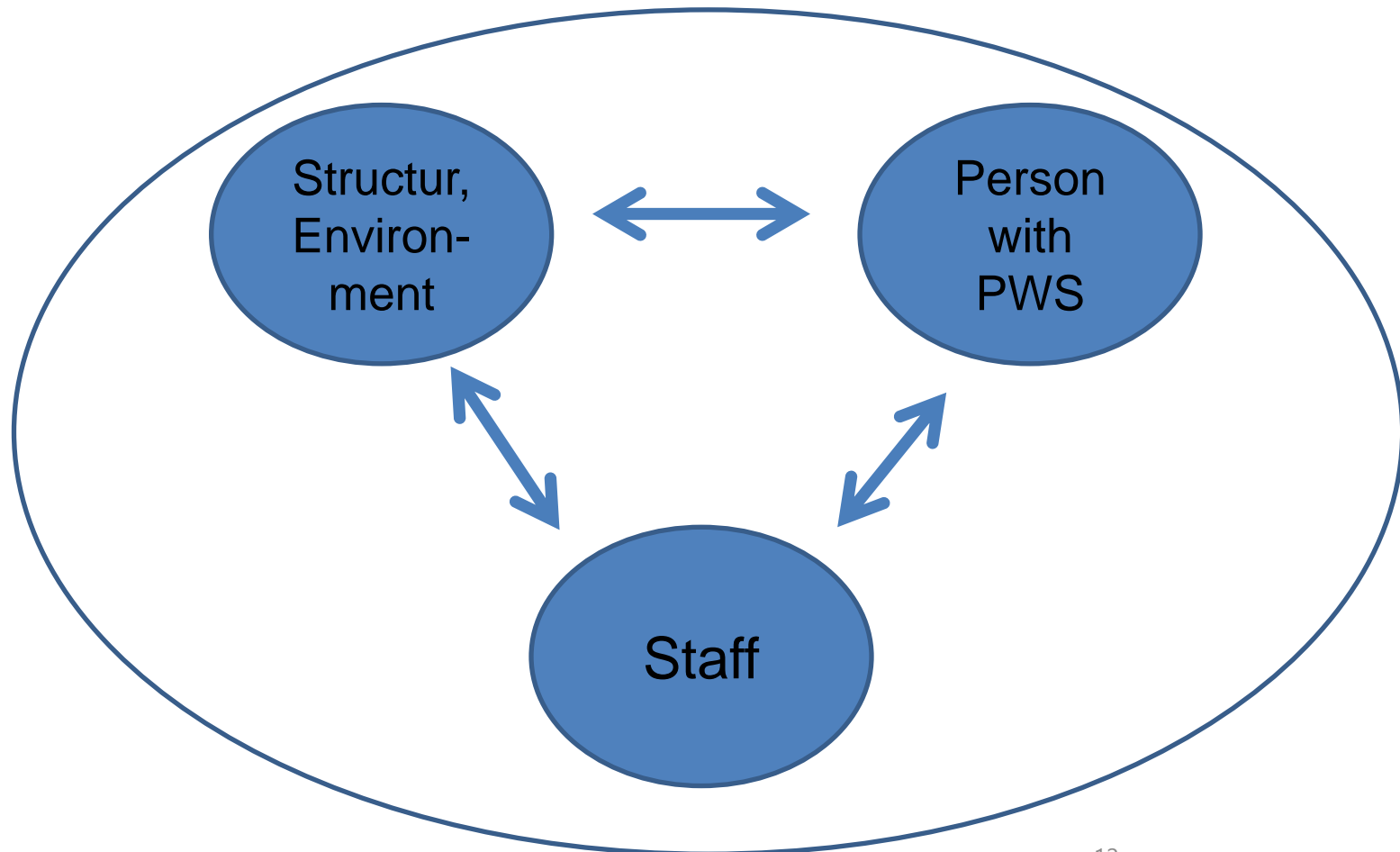


Parts of the behavior analysis



Systemic-view

„Interaction of the players in the field“

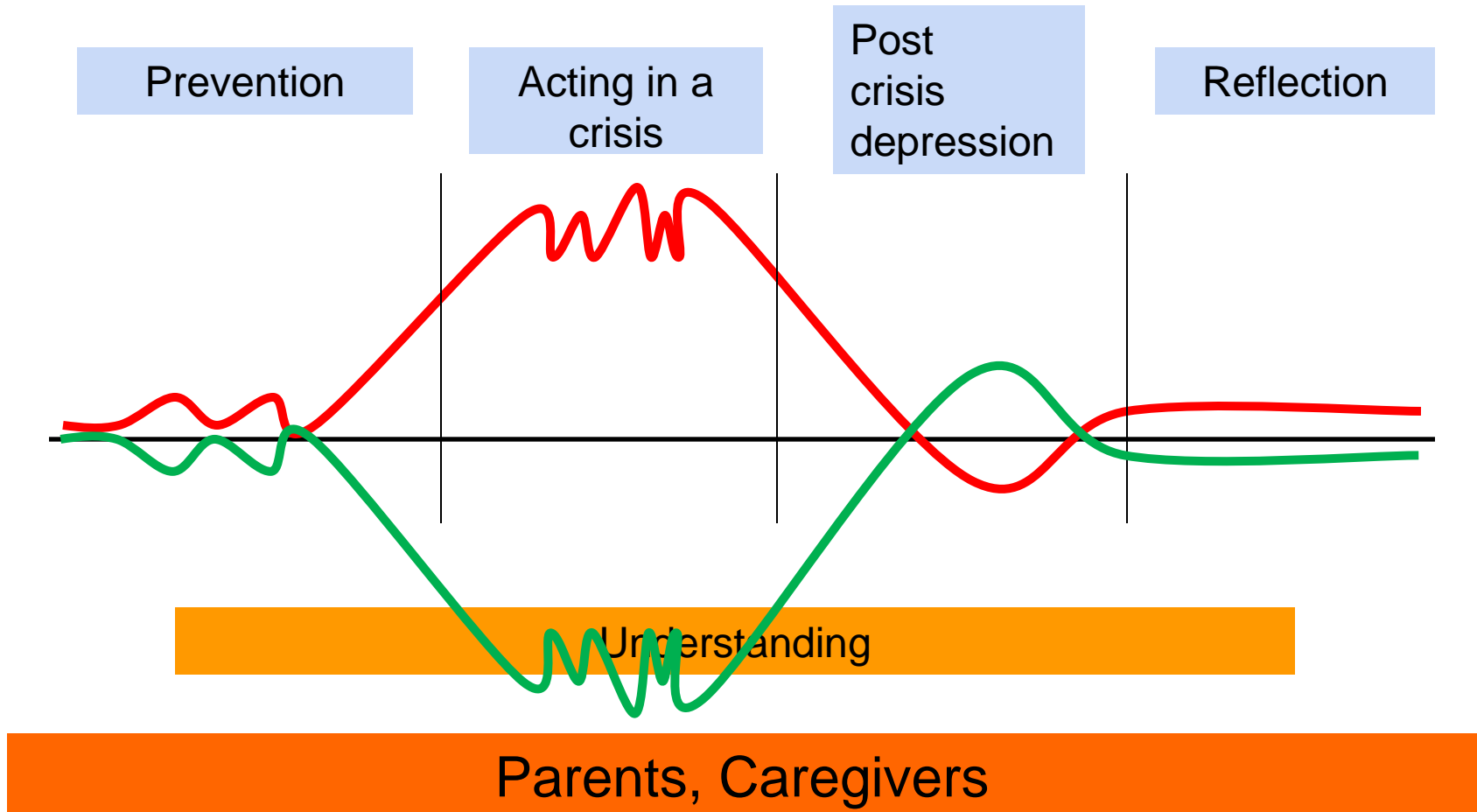


Behavior modification / learning of new patterns / developing the competences of self-control – How can we support this?

Basic principles

- be transparent
- involve the people with PWS
- let them decide
- give them the chance to „fall down and learn to stay up“
- give them the chance to be disappointed and learn to handle it
- and give them every time the perspective of developing and reaching goals

Behavior modification / learning of new patterns / developing the competences of self-control – How can we support this?



Behavior modification / learning of new patterns / developing the competences of self-control – How can we support this?

The main important thing is to train

- the people with PWS to change these things by their own
- the parents, to have the knowledge to support this
- the staff/ the caregivers to have the knowledge to support this

Prevention



- Daily and weekly process
- Knowledge
- Well trained staff
- Ensure external support
- Ensure internal reflection
- Reduce trigger stimuli
- Switch rooms
- Give support for structuring information
- Use surprise effect
- Metacommunication

Handling in crisis situations

- Be aware of your goals
- Be the leader of the situation
- Give space
- Keep distance
- Do not mention consequences during a discussion
- Don't try to win at any price during a situation
- Consider own reduced cognitive capabilities
- Interrupt the line of thinking by
- Divert thoughts by reinterpreting
- Ignore (Behavior, words and content, persons)

Reflection

- start with the description of the situation by the one with PWS
- must always include a change in perspective
- develop suitable behavioral alternatives
- „Building bridges“
- Use meta level

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