

Residential Services in Australia for People with Prader Willi Syndrome (PWS)



Interaction Disability Services

- I have been working for Interaction for over 15 years.
- Interaction has been providing services to people with PWS for over 25 years.
- Having support that is designed for people with PWS can avoid problems.
- Structure is very important.
- Having a chance to make choices and to negotiate and learn is also very important.



National Disability Insurance Scheme (NDIS)

- The NDIS provides individualized funding.
- Funding needs to be deemed as 'reasonable and necessary'.
- The options available depend on the level of funding.
- There are people with PWS living well in supported accommodation alone and in 'mixed' models.
- People with PWS generally need constant supervision, specifically trained staff.
- PWS specific shared accommodation is a cost effective option and also allows for consistent rules.



PWS specific Shared Accommodation

- Interaction opened our first PWS specific model in 1992.
- We now have another 3 purpose built homes.
- We also provide support for people living alone or with family.



Restrictive Practice

- There is increasing rules around restrictive practices under NDIS.
- Restrictions around food, money or other items require a Behaviour Support Plan.
- Often consent needs to be by an appointed guardian through NCAT.
- Managing behaviors is a key part of any program for people with PWS.



Healthy Living

- The programs incorporate healthy food options that are based on the PWS clinic recommendations.
- Meals are large in size but lower in calories. Lots of fresh vegetables, fruit and salads. With 6 meals a day.
- Most people have daily exercise program at a gym or on treadmills.
- Incidental exercise is also important.
- Work or have a daytime program is encouraged.



Routine and Structure



Stability and Security

- Most the people we support report that they are happy.

