

Special Olympics National Summer Games

The Special Olympics National Summer Games take place every 4 years and are being held this year, 8-12th December in Hamilton. We know that some of our members will be participating and it would be a fantastic opportunity for those athletes to meet whilst there. Cindy will be at the games, in her role as Coordinator of Special Olympics Marlborough, and she would love to hear from any participating athletes with PWS. If you are attending, please email Cindy letting her know which sport you are competing in: cindy@pws.org.nz

Tips for Managing Halloween in PWS

Halloween is growing in popularity, but can lead to raised anxiety levels for those living with PWS. However, if you and your family love Halloween and don't want to miss out on all the fun, <u>our blog</u> offers suggestions that can help make it a safe and healthy celebration.



End of Year Regional Events

A reminder that we are keen to facilitate some regional gatherings, to be held soon before everyone gets too busy with end of year chaos! If you can help by being a point of contact for a get-together in your area, please <u>contact us</u> - we can help with the sharing of information, managing RSVPs and provide some funding. All you need to do is suggest a venue, date, and be a point of contact on the day! Suggestions might be a day out at a wildlife centre, a picnic or BBQ in the park, meeting at a local kindy or community hall, or an activity such as ten-pin bowling.

Provisional Regional Gathering Dates for your Diary:

Wellington Region: Saturday November 26th

More details coming soon.....

New Video Resources Alert

IPWSO have released a new <u>video series</u>. The video featured here explains the benefits and management of growth hormone treatment for both children and adults living with PWS. We recommend others in the series, in particular, Orthopaedic Issues and Gastrointestinal Issues.

GROWTH HORMONE TREATMENT IN PRADER-WILLI SYNDROME